



eye center  
of NEW YORK

# **Your Cataract Surgery Journey**

**from Procedure Preparation to Post-op Instructions**

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We look forward to improving, restoring, and transforming your vision with your upcoming cataract / lens replacement surgery. Here are some of the preparatory steps you should complete:

### **Pre-Op Medical Clearance**

We have a form for your doctor to fill out and send back to our office. NY State requires it be completed within 30 days of your surgery. Plan accordingly if both eyes are scheduled within a few weeks of each other.

### **COVID-19 Testing / COVID VACCINE CARD**

These guidelines change. NY Eye & Ear requires PCR (nasal swab) testing 3-5 days before the surgery date. We recommend going to the provided list of testing sites to avoid delays.

### **Prescription Surgical Eye Drops**

We recommend compounded drops. We call them “3 in 1”, as they have three eyedrop medications in one bottle. If you purchase these, you’ll receive them after your surgery. (These are not available in retail pharmacies)

If instead, we e-prescribe to the pharmacy, there will be three eye drops for each eye. We recommend brand drops over generic drops; brand drops offer less frequent dosing and more comfort. See included drop schedule sheets.

### **Payment for Refractive Services**

If you’ve selected premium refractive services (such as laser or advanced lens implants), we will collect payment in advance. If your facility is the NY Eye & Ear Infirmary, they will collect a portion of the payment upon arrival for surgery.

### **Please Review the Pre-op & Post-op Instruction Sheets**

Our goal is to provide you with a seamless experience from scheduling through surgery and into your new healthy vision. At any point, please feel free to contact us:

Tel: 212-889-3550  
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