

**PRE-OPERATIVE INSTRUCTIONS FOR SURGERY**

Patient Name: \_\_\_\_\_

**SURGERY LOCATION:**

Retina Ambulatory Surgery Center  
138-140 East 80<sup>th</sup> St.  
(Just off Lexington Ave. towards Park Ave.)  
New York, NY 10075  
Tel: 212-772-6830

New York Eye & Ear Infirmary of Mount Sinai  
310 East 14<sup>th</sup> St.  
(at the corner of East 14<sup>th</sup> St. and 2<sup>nd</sup> Ave.)  
New York, NY 10003  
Tel: 212-979-4000

**DAY OF SURGERY:**

Please report to the **Admitting Desk** on \_\_\_\_\_ at \_\_\_\_\_ AM/PM  
The facility will confirm arrival time within 24 hours of date. Tell them you are a private patient of Dr. Raviv's checking in for surgery.

- Bring to surgery:**
- A list of all your medications and dosages (or bring the medications themselves)
  - Your insurance cards
- Do not wear**
- Any makeup or jewelry above the neck

**EYEDROPS:**

We recommend **compounded** 3-in-1 eyedrops that combine three medicines into one convenient bottle. These are purchased in our office and provided to you to begin after your surgery.

If you select prescription eyedrops, we will prescribe three bottles per eye. We recommend **Brand** eyedrops over generic eyedrops. To minimize cost of **Brand** eyedrops, we utilize Apothecary Pharmacy. Apothecary will contact you via text message and can deliver to your home address. **Brand** eyedrops through your local pharmacy can be expensive, despite insurance coverage. Generic eye drops are typically sent to your local pharmacy. Please fill the brand or generic prescriptions a few days prior to surgery, and start using them one day before surgery

**FASTING:**

Do not eat or drink anything after 12 AM midnight the day before your surgery day. This is a requirement by the anesthesia department.

**MEDICATIONS:**

You may take your medications with a *sip of water* (not juice, coffee or milk) on the morning of surgery. If you are diabetic, call your medical doctor regarding adjusting diabetes medicine. Please ask your medical doctor, if you need to adjust other medications before or after the surgery. Dr. Raviv does *not* require that you stop aspirin, Coumadin, Plavix or other blood thinners for cataract surgery.

**ESCORT HOME:**

Someone must pick you up after surgery; this is a NY State regulation. A medical escort can be hired if needed.

**POST OP VISIT:**

You are scheduled for a postop visit at 30 East 60<sup>th</sup> Street, ste 2002 office on \_\_\_\_\_  
On your post-op visit, you will be seeing \_\_\_\_\_ Dr. \_\_\_\_\_

If you have any questions, call us at (212) 889-3550. Thank you, and we look forward to taking care of your eyes.